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May Meeting Information



Resource Round Up:
Free Wellbeing Programs
and Resources That are at Your
Fingertips!

Presented by: Angie Kennedy,
Sr Engagement & Wellbeing
Consultant
CBIZ Benefits & Insurance

Thursday, May 12, 2022
Fluffy Fields

8:00 am breakfast available

8:15 am SAHRA chapter
meeting

8:30 am speaker presentation

<http://ndsahra.shrm.org>

May Meeting



SAHRA's May meeting topic is a Resource Round Up! Angie Kennedy, a Senior Engagement & Wellbeing Consultant with CBIZ

Benefits, will present information on free wellbeing programs and resources that are at your fingertips! As a National Wellbeing Consultant for CBIZ Benefits and Insurance Services, Angie's goal is to guide employers in creating a thriving workplace culture characterized by high employee wellbeing, engagement and performance.

Angie's presentation will provide information on improving the health and wellbeing of your employees, while alleviating the financial burden of costly programming. CBIZ has compiled a collection of free resources and toolkits to support your employee wellbeing strategy including: event calendars, activity tracking tools & templates, online programs and activities, paper based challenges and health education resources. She will highlight client successes and best practices on how you can tie these resources to meaningful initiatives for your population.

Key learning objectives:

- Provide resources to help improve the health and wellbeing of your employees.
- Gain knowledge of resources that support mental / social and emotional wellbeing.
- Share activity tracking tools and templates.
- Share best practices on how to you can tie these resources to meaningful initiatives for your population.

Join us Thursday, May 12, 2022 for our monthly chapter meeting. ■

Interested in HR Certification?

The Society for Human Resource Management offers two levels of professional certification: Professional in Human Resources (SHRM-PHR) and Senior Professional in Human Resources (SHRM-SPHR). If you are interested in learning more, please contact Alyssa Baranko, SAHRA Certification Chair, 701-483-3229 or abaranko@bravera.bank . ■



Like us on Facebook!

SAHRA is on Facebook! For updates and reminders on SAHRA events and activities, LIKE us on Facebook.



Society for Human Resource Management

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Thank You!

Thank you for your contributions to this edition of the SAHRA Newsletter.

Southwest Area Human Resource Association

This newsletter is a publication of the Southwest Area Human Resource Association Chapter #0571
 PO Box 132 • Dickinson ND 58601
<http://ndsahra.shrm.org>
 Newsletter Editor: Carrie Zubke

President's Message



Snow is truly a four-letter word! As I was digging out, as many of you, for the second time in the month of April, my mind was filled with thoughts about resilience. The trees and bushes in the yard were covered in ice and snow. Many were so weighted down that they were completely bent over and touching the ground. As I cleared the weight of the snow and ice branch by branch, along with help from the sun, the trees and bushes started to spring back upright. They had enough sap in their trunks to provide resilience to bend under the pressure without breaking. It is a good reminder to us to continually build 'sap' within our own lives so we can bend when necessary and then be able to spring back. Speaking of Spring, I hope it has arrived to stay by the time this newsletter is published! ■

April Frank PHR, SHRM-CP
 SAHRA President



Treasurer's Report

Southwest Area Human Resource Assoc
 April, 2022

New Statement Balance				\$16,299.06
Current Checks / Deposits	4/19/2022	Interest earned		\$0.14
	3/30/2022	Deposit	Member dues	\$100.00
	3/25/2022	Deposit	SHRM member reimbursement	\$165.00
Debit	4/8/2022	Fluffy Fields	Apr meeting room fee	(\$50.00)
#645	3/28/2022	April Frank	Feb meeting room fee reimbursement	(\$63.00)
Compare to ending bank statement balance		\$16,451.20		
Outstanding Checks / Deposits	#646 4/11/2022	Stark County	Room rental deposit	(\$100.00)
	#647 4/11/2022	Stark County	Aug-Dec room rental fee	(\$250.00)
BALANCE				\$16,101.20

SAHRA Board Minutes

April 7, 2022

Present: April Frank, Carrie Zubke (virtual), Melissa Stoltz, Amber Beld, Krissy Kilwein, Kim Heidt, Alyssa Baranko, Marie Bittner and DeEll Jordre. Absent: Carissa Suter and Jessica Kirchoffner. Guests: None.

President April Frank called the meeting to order at 9:38 a.m.

President Frank called for a motion to approve the March treasurer's report that was published in the April newsletter. Upon motion by Marie Bittner, second by Alyssa Baranko, motion passed and was carried.

President Frank called for a motion to approve the March Board of Director meeting minutes that were published in the April newsletter. Upon motion by DeEll Jordre, second by Kim Heidt, motion passed and was carried.

COMMITTEE REPORTS:

Program: Marie Bittner – Marie is looking for a diversity program.

2022 programs: May – Wellness Topic, June and August - TBD; no July meeting/program

Diversity: Jessica Kirchoffner – No report.

SHRM Certification: Alyssa Baranko – No report.

SHRM Foundation: Carissa Suter – President Frank reported that the raffle permit will be renewed the month of SAHRA's next Foundation raffle versus annually.

President Elect / Legislative Affairs: DeEll Jordre – No report.

Membership: Kim Heidt – Kim reported that a SHRM at-large list was requested and a mass mailing was sent out to prospective members. Kim is working on a more efficient application process. The SAHRA website will be reviewed for possible options to assist this.

Public Relations/Technology: Krissy Kilwein – No report.

Workforce Readiness: Amber Beld – Amber reported lower than expected attendance at the recent job fairs. SAHRA had postcards placed in the employer information packets that were well received.

Community Relations: Carrie Zubke – Carrie recommended that SAHRA participate in a back-to-school drive to benefit the Dickinson Public School Pantry as the 2022 community relations project. The pantry offers food, clothing, and school supplies to students in need. Back to school is an especially critical time. She will provide information for items requested at an upcoming meeting.

Secretary/Treasurer: Melissa Stoltz – Melissa is reviewing electronic payment options and fees.

OLD BUSINESS:

A new meeting location was discussed. After touring the Stark-Billings County Dakota Room, it was determined to be a good fit for upcoming meetings. Cost will be \$50/month with a \$100 deposit. President Frank called for a motion to approve the new meeting space starting in

(Continued on page 4)

Southwest Area Human Resource Association Board of Directors

President:

April Frank, PHR, SHRM-CP
FH Holdings / Home & Land Co, Dickinson
aprilhouseholder@yahoo.com | 701-590-2900

Past President / SHRM Foundation Director:

Carissa Suter, SHRM-CP
McKenzie Electric Cooperative, Watford City
csuter@mckenzieelectric.com | 701-870-4110

President Elect / Legislative Director:

DeEll Jordre
Marathon Petroleum, Dickinson
dmjordre@marathonpetroleum.com | 701-456-6912

Secretary-Treasurer:

Melissa Stoltz, SHRM-SCP, Dickinson
a_mstoltz@yahoo.com | 701-260-3729

Certification Director:

Alyssa Baranko, SHRM-SCP
Bravera Holdings Corp., Dickinson
abaranko@bravera.bank | 701-483-3229

Community Relations Director:

Carrie Zubke, SPHR, SHRM-SCP
Bravera Holdings Corp, Dickinson
czubke@bravera.bank | 701-483-3287

Workforce Readiness Director:

Amber Beld, SHRM-CP
Baker Boy, Dickinson
amberb@bakerboy.com | 701-456-1520

Membership Director:

Kim Heidt
Steffes, LLC, Dickinson
kheidt@steffes.com | 701-690-6686

Program Director:

Marie Bittner
CBIZ Benefits, Glen Ullin
marie.bittner@cbiz.com | 701-260-5964

Public Relations / Technology Director:

Krissy Kilwein, SHRM-CP
Dickinson State University, Dickinson
krissy.kilwein@dickinsonstate.edu | 701-483-2530

Diversity Director:

Jessica Kirchoffner
City of Watford City, Watford City
jessielg28@ndsupernet.com | 701-290-8242

SAHRA Meeting Minutes

April 7, 2022

MEMBERS PRESENT: April Frank, Alyssa Baranko, Amber Beld, Marie Bittner, AJ Eslinger, Richard Hagen, Kim Heidt, Ashley Heiser, DeEll Jordre, Katrina Johnson, Krissy Kilwein, Joetta Percy, Sheila Strommen, Danita Tysver and Carter Fong. Members Via Zoom/ Virtual: Sierra Burgess, Justin Enney, Lynae Harper, Brittani Hoff, Shelly Nameniuk, Amanda Nicklos, Patty Reily, Ashley Swanson, Natalie Torgerson and Carrie Zubke. Guests present: Brooklyn Berger (Dickinson Chamber of Commerce – Job Shadow Candidate), Jessica Odermann (Badlands Human Service Center).

President Frank called the meeting to order at 8:21 am.

President Frank called for a motion to approve the March chapter meeting minutes that were published in the April newsletter. Upon motion by Joetta Percy, second by Kim Heidt, motion passed and was carried.

NEW MEMBERS: No new members to report.

ANNOUNCEMENTS:

- President Frank announced that the March Treasurer’s report was available for review in the April newsletter. If there are any questions, please contact a Board member.
- Monthly SHRM Topic – presented by April Frank – SHRM Forms/Checklists President Frank announced that the ND SHRM state conference registration is open. The conference will be held on September 19-21, 2022 in Fargo.

COMMITTEE REPORTS: None.

OLD BUSINESS: None.

NEW BUSINESS: None.

The business meeting adjourned at 8:33 a.m. ■

PROGRAM: Screening and Behavioral Health Resources for Human Resources Professionals – Jessica Odermann, Regional Director at Badlands Human Service Center. ■

Minutes submitted by:
Melissa Stoltz, Secretary/Treasurer;
April Frank, President

SAHRA Board Minutes

(Continued from page 3)

August. Upon motion by Marie Bittner, second by Amber Beld, motion passed and was carried.

NEW BUSINESS:

President Frank notified the Board that SAHRA was not registered with the Secretary of State. During a state SHRM meeting, it was noted that all other SHRM associations across ND are registered. April will work with the Board to gather the necessary documents to get registered.

President Frank will submit all recent approved by-law updates to the Board for review. She will forward to SHRM for formal approval.

President Frank announced that SAHRA received a semi-annual payment of \$165 from SHRM for the SAHRA members that are SHRM members.

Meeting adjourned at 10:11 a.m. ■

Submitted by:
Melissa Stoltz, Secretary/Treasurer
Approved by:
April Frank, President



SAHRA Spotlight

SAHRA welcomes **Joetta Percy!** Joetta is the Human Resources Director for Stark County and has been in that position for one year. Prior to that, Joetta worked for Glendive Medical Center for 22 years and served as their Human Resources Director for 12 years. This experience helped her obtain her SHRM-SCP certification in February!

Joetta is married to Merrill Percy who works for Mesa Solutions, Inc. and they have two daughters: Bailey (20) is in the DSU Nursing program and plays volleyball for the Bluehawks and Caton (17) is a Junior at Dickinson High School and enjoys basketball, loves volleyball, and is leaning towards a healthcare career.

When not at work, you will find Joetta at the gym watching her girls compete, traveling, or walking her dog Koda! ▀



New Meeting Location

Beginning with SAHRA's August chapter meeting, our meeting location will be changing to the Stark-Billings NDSU Extension Service Office. The office is located at 3680 Empire Road in Dickinson. Please enter via door C which is located on the west side of the building. It is conveniently located off of I-94, and offers a nice classroom-style meeting space with ample parking available.

We wanted to provide you early notice of the change that will begin with the August 11th meeting and will continue for the remainder of the year. We look forward to see you at our new meeting location! ▀

SAHRA Earns Platinum Excel Award

On behalf of the Society for Human Resource Management, I am pleased to confirm that the Southwest Area Human Resource Association has been awarded the **2021 Platinum Excel**



Award. This is the highest award bestowed upon a Chapter by SHRM. This award recognizes outstanding achievements in Chapter operations and a commitment to providing meaningful programs and services to your members/HR professionals in your State. It also is recognition of your continued growth and development as a business leader, capable of developing strategies that lead to business success! We are immensely proud of your leadership and thank you for your continued partnership with SHRM.

Thank you for all you do to serve the HR profession, our members and SHRM in your local community. We look forward to working closely with you throughout 2022 as we continue to create Better Workplaces for a Better World.

Congratulations on your achievement.

Sincerely,
Michael P. Aitken
Senior Vice President, Membership
Society for Human Resource Management ▀

1. Baranko, Alyssa, SHRM-SCP*- Bravera Holdings Corp., Dickinson
2. Beld, Amber, SHRM-CP*- Baker Boy, Dickinson
3. Benner, Tiffany-Killdeer Mountain Manufacturing, Dickinson
4. Berger, Missy –Trial Runners, Dickinson
5. Bittner, Marie-CBIZ Benefits, Glen Ullin
6. Burgess, Sierra-Therapy Solutions, Dickinson
7. Calihou, Dessie*-Dunn County, Manning
8. Cerkoney, Marissa-Ebeltoft . Sickler . Lawyers, Dickinson
9. Cloutier, Jon, SHRM-CP-St Luke's Nursing Home, Dickinson
10. Dohrmann, Michelle-Consolidated, Dickinson
11. Enney, Justin-Killdeer Mountain Manufacturing, Dickinson
12. Eslinger, AJ*-Charbonneau Car Center, Dickinson
13. Fetch, Cindy – Southwest Water Authority, Dickinson
14. Fitzsimmons, Amanda, SHRM-SCP*-Continental Resources, Dickinson
15. Fong, Carter-Dickinson Chamber of Commerce
16. Frank, April, SHRM-CP, PHR* - FH Holdings / Home & Land Co, Dickinson
17. Hagen, Richard*-Theodore Roosevelt Medora Foundation, Medora
18. Hanson, Shelly-Fisher Industries, Dickinson
19. Harper, Lynae, SHRM-CP-Whiting Oil & Gas, Dickinson
20. Haugen, Tammy-Marathon Petroleum, Dickinson
21. Heidt, Kim*-Steffes, LLC, Dickinson
22. Heiser, Ashley-Benedictine Living Community, Dickinson
23. Hintz, Kristy*-Ixom Watercare, Dickinson
24. Hintz, Layne-City of Dickinson
25. Hoff, Brittani*-Western Cooperative Credit Union, Dickinson
26. Jenkin, Jackie*-Ion Field Service, Dickinson
27. Jirges, Karen*-Ebeltoft . Sickler . Lawyers, Dickinson
28. Johnson, Katrina, PHR*-Baker Boy, Dickinson
29. Jordre, DeEll- Marathon Petroleum, Dickinson
30. Kaufman, Tanner-Fisher Sand & Gravel, Dickinson
31. Kilwein, Krissy, SHRM-CP*-Dickinson State University, Dickinson
32. Kirchoffner, Jessica*-City of Watford City
33. Lantz, Nancy - Southwestern District Health Unit, Dickinson
34. Messer, Jennefer, SHRM-SCP*- Fisher Industries, Dickinson
35. Michael, Sara-Theodore Roosevelt Medora Foundation, Medora
36. Murray, Jen-Southwest Water Authority, Dickinson
37. Nameniuk, Shelly, SHRM-CP*- City of Dickinson, Dickinson
38. Nicklos, Amanda-Steffes, LLC, Dickinson
39. Oase, Matt*-City of Killdeer
40. Obritsch, Kathleen - Sysko Business Solutions, Dickinson
41. O'Shields, Ledeanna-Southwest Water Authority, Dickinson
42. Percy, Joetta, SHRM-SCP*-Stark County, Dickinson
43. Peterson, Rachel-Fisher Industries, Dickinson
44. Praus, Carey, SHRM-CP*-Benz Oil Company, LLC, Killdeer
45. Reiger-Kempenich, Cindy-Sackman Electric & Controls, Dickinson
46. Reily, Patty-Dickinson Parks & Recreation, Dickinson
47. Sickler, Brandon*, SHRM-CP-Steffes LLC, Dickinson
48. Songer, Imee, SHRM-CP, SHRM-SCP, PHR, Richardton Taylor Public Schools, Richardton
49. Stoltz, Melissa, SHRM-SCP*, Dickinson
50. Strommen, Sheila-Theodore Roosevelt Foundation, Medora
51. Suter, Carissa, SHRM-SCP- McKenzie Electric Cooperative, Watford City
52. Swanson, Ashley-Steffes, LLC, Dickinson
53. Torgerson, Natalie-City of Dickinson
54. Tysver, Danita - Stark County Development, Dickinson
55. Wallace, Sarah*-Therapy Solutions, Dickinson
56. Zubke, Carrie, SPHR, SHRM-SCP*, - Bravera Holdings Corp, Dickinson

* - indicates SHRM National Membership

PHR indicates HRCI's Professional in Human Resources certification

SPHR indicates HRCI's Senior Professional in Human Resources certification

SHRM-CP indicates SHRM's Certified Professional certification

SHRM-SCP indicates SHRM's Senior Certified Professional certification