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August Meeting Information

Communication and Connection with DISC

Presented by Ellie Papineau,
Aspire Coaching & Speaking

August 11, 2022
8:00 am Doors open
8:15 am SAHRA meeting
8:30 am Speaker presentation



NEW MEETING LOCATION:
NDSU Extension Service Office
3680 Empire Road
Enter Door C / West Side

SAHRA's Community Project

This year the Southwest Area Human Resource Association is excited to partner with the Dickinson Public Schools Pantry for our community project. The DPS Pantry helps kids in need. If you can help, please bring a donation to the August SAHRA meeting. If you are shopping for back to school, why not pick up a pair of shoes on sale, some extra school supplies, or some snacks for kids in need?!? Thank you for your help!

Items on their wish list include:

- School supplies
- Snacks or easy cook food such as pasta, mac & cheese, etc.
- New underwear for boys and girls
- New socks
- New shoes
- Hats and gloves
- Toilet paper
- Laundry detergent
- Feminine products



*Thanks for your help in supporting kids in
need in our community!*

Interested in HR Certification?

The Society for Human Resource Management offers two levels of professional certification: Professional in Human Resources (SHRM-PHR) and Senior Professional in Human Resources (SHRM-SPHR). If you are interested in learning more, please contact Alyssa Baranko, SAHRA Certification Chair, 701-483-3229 or abaranko@bravera.bank . ■



Like us on Facebook!

SAHRA is on Facebook! For updates and reminders on SAHRA events and activities, LIKE us on Facebook.



Society for Human Resource Management

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Thank You!

Thank you for your contributions to this edition of the SAHRA Newsletter.

Southwest Area Human Resource Association

This newsletter is a publication of the Southwest Area Human Resource Association Chapter #0571
 PO Box 132 • Dickinson ND 58601
<http://ndsahra.shrm.org>
 Newsletter Editor: Carrie Zubke

President's Message



While you may be focusing on back-to-school preparations don't forget about yourself! If you have not already registered for the ND SHRM HR Conference get on it today. General session speakers include...Jennifer McClure, Ben Eubanks, Walter Bond, Dave Ross, and oh by the way did we mention SHRM President & CEO Johnny C. Taylor! This is your opportunity to hear a great line-up of speakers right here in ND! Don't delay get registered today. ■

April Frank PHR, SHRM-CP
 SAHRA President

Nominations Open

Just a friendly reminder, at the August meeting we will be accepting nominations for the upcoming open positions. The positions up for election in September are:

- President-Elect (must be SHRM national member for term)
- Secretary/Treasurer
- Community Relations Director
- Certification Director (must be SHRM national member for term)
- Membership Director (must be SHRM national member for term)
- Program Director

The new term for the office officially would begin January 2023 allowing the final months in 2022 as a transition period. ■

Treasurer's Report

Southwest Area Human Resource Assoc.
 July, 2022

New Statement Balance				\$15,491.47
Current Checks / Deposits	7/19/2022	Interest earned		\$0.12
Compare to ending bank statement balance		\$15,491.47		
Outstanding Checks / Deposits	#646	Stark County	Room rental deposit	(\$100.00)
BALANCE				\$15,391.59

SAHRA Board Minutes

No July meeting. ■

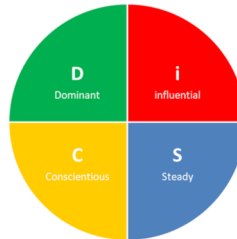
SAHRA Meeting Minutes

No July meeting. ■

SAHRA's August Meeting

Communication and Connection with DISC

Presented by Ellie Papineau



The Communication & Connection - DISC Training Program is a high-energy training experience where individuals learn about themselves and others. This program makes self-awareness simple and intuitive, enabling people to easily remember the personality styles and apply new skills. The result is that participants are able to flex their style to communicate more effectively and respectfully with the people in their lives.

Ellie Papineau will be our speaker for August. Aspire Coaching and Speaking is the result of two careers over 25 years for Ellie. After serving as an Addictions and Mental Health Counselor for 15 years after graduating from Minot State University she was called to help others in the insurance industry. Upon building her business and team for 11 years throughout western ND and eastern MT, she felt the pull to expand her experience to others through business, leadership and life coaching and training. Ellie commented, "As the mother of a blended family with now grown children and the absolute joy of 5 grandchildren I long to help everyone build their best life and live their calling, personally and professionally."

Learning objectives:

- Recognize personality and communication styles in self and others.
- Identify motivations behind each style.
- Be able to make changes to effectively communicate with others.
- Understand, accept and value the differences between self and others.

Join us Thursday, August 11, 2022 for SAHRA's regular meeting followed by this presentation at 8:30 am. ■

Southwest Area Human Resource Association Board of Directors

President:

April Frank, PHR, SHRM-CP
FH Holdings / Home & Land Co, Dickinson
aprilhouseholder@yahoo.com | 701-590-2900

Past President / SHRM Foundation Director:

Carissa Suter, SHRM-CP
McKenzie Electric Cooperative, Watford City
csuter@mckenzieelectric.com | 701-870-4110

Presidekint Elect / Legislative Director:

DeEll Jordre
Marathon Petroleum, Dickinson
dmjordre@marathonpetroleum.com | 701-456-6912

Secretary-Treasurer:

Melissa Stoltz, SHRM-SCP, Dickinson
a_mstoltz@yahoo.com | 701-260-3729

Certification Director:

Alyssa Baranko, SHRM-SCP
Bravera Holdings Corp., Dickinson
abaranko@bravera.bank | 701-483-3229

Community Relations Director:

Carrie Zubke, SPHR, SHRM-SCP
Bravera Holdings Corp, Dickinson
czubke@bravera.bank | 701-483-3287

Workforce Readiness Director:

Amber Beld, SHRM-CP
Baker Boy, Dickinson
amberb@bakerboy.com | 701-456-1520

Membership Director:

Kim Heidt
Steffes, LLC, Dickinson
kheidt@steffes.com | 701-690-6686

Program Director:

Marie Bittner
CBIZ Benefits, Glen Ullin
marie.bittner@cbiz.com | 701-260-5964

Public Relations / Technology Director:

Krissy Kilwein, SHRM-CP
Dickinson State University, Dickinson
krissy.kilwein@dickinsonstate.edu | 701-483-2530

Diversity Director:

Jessica Kirchoffner
City of Watford City, Watford City
jessielg28@ndsupernet.com | 701-290-8242

New Meeting Location

Beginning with SAHRA's August chapter meeting, our meeting location will be changing to the Stark-Billings NDSU Extension Service Office. The office is located at 3680 Empire Road in Dickinson. Please enter via door C which is located on the west side of the building. It is conveniently located off of I-94, and offers a nice classroom-style meeting space with ample parking available.

We wanted to provide you early notice of the change that will begin with the August 11th meeting and will continue for the remainder of the year. We look forward to see you at our new meeting location! ■

ND SHRM Award for Professional Excellence in Human Resources Management

Award requirements and the nomination form can be found on the SAHRA website.
Nominations must be received no later than August 26, 2022.

SAHRA Spotlight

SAHRA welcomes **Ashley Heiser!** Ashley is currently working at Benedictine Living Community in Dickinson as their HR Manager/Staff Development Director. She received her BS in Business with a focus in HR Management as well as her MBA with a focus on HR Management both degrees from Capella University. Prior to her current role, Ashley was the Executive Director at the Chamber of Commerce and Agriculture in Baker, MT. Ashley and her husband, Michael, recently relocated to Richardton from

southeastern Montana to be closer to her family. Together, they have a blended family – each bringing two children (ages 10, 9, 8 and 5) from previous marriages – and together have a one year old daughter and expecting another bundle of joy in September! Prior to relocating, Ashley was the secretary for the PTA in Baker as well as a Board Member for the local Planning Board and Port Authority. As Ashley continues to get settled, she is excited to become more involved in the local community. Welcome Ashley! ■



Ashley Heiser

Have You Heard?

The 2022 ND SHRM Workforce and HR Conference will be held in Fargo from September 19th -21st and this year's theme is HR Reimagined. Keynote speakers will be announced shortly. Don't delay get registered today!



<https://ndshrm.com/>

If you or your employer are interested in sponsoring or exhibiting at the conference, please e-mail April Frank at aprilfrank@ndshrm.com.

1. Baranko, Alyssa, SHRM-SCP*- Bravera Holdings Corp., Dickinson
2. Beld, Amber, SHRM-CP*- Baker Boy, Dickinson
3. Benner, Tiffany-Killdeer Mountain Manufacturing, Dickinson
4. Berger, Missy –Trial Runners, Dickinson
5. Bittner, Marie-CBIZ Benefits, Glen Ullin
6. Burgess, Sierra-Therapy Solutions, Dickinson
7. Calihou, Dessie*-Dunn County, Manning
8. Cerkoney, Marissa-Ebeltoft . Sickler . Lawyers, Dickinson
9. Cloutier, Jon, SHRM-CP-St Luke’s Nursing Home, Dickinson
10. Dohrmann, Michelle-Consolidated, Dickinson
11. Enney, Justin-Killdeer Mountain Manufacturing, Dickinson
12. Eslinger, AJ*-Charbonneau Car Center, Dickinson
13. Fetch, Cindy – Southwest Water Authority, Dickinson
14. Fitzsimmons, Amanda, SHRM-SCP*-Continental Resources, Dickinson
15. Fong, Carter-Dickinson Chamber of Commerce
16. Frank, April, SHRM-CP, PHR* - FH Holdings / Home & Land Co, Dickinson
17. Hagen, Richard*-Theodore Roosevelt Medora Foundation, Medora
18. Hanson, Shelly-Fisher Industries, Dickinson
19. Harper, Lynae, SHRM-CP-Whiting Oil & Gas, Dickinson
20. Haugen, Tammy-Marathon Petroleum, Dickinson
21. Heidt, Kim*-Steffes, LLC, Dickinson
22. Heiser, Ashley-Benedictine Living Community, Dickinson
23. Hintz, Kristy*-Ixom Watercare, Dickinson
24. Hintz, Layne-City of Dickinson
25. Hoff, Brittani*-Western Cooperative Credit Union, Dickinson
26. Jenkin, Jackie*-Ion Field Service, Dickinson
27. Jirges, Karen*-Ebeltoft . Sickler . Lawyers, Dickinson
28. Johnson, Katrina, PHR*-Baker Boy, Dickinson
29. Jordre, DeEll- Marathon Petroleum, Dickinson
30. Kaufman, Tanner-Fisher Sand & Gravel, Dickinson
31. Kilwein, Krissy, SHRM-CP*-Dickinson State University, Dickinson
32. Kirchoffner, Jessica*-City of Watford City
33. Lantz, Nancy - Southwestern District Health Unit, Dickinson
34. Messer, Jennefer, SHRM-SCP*- Fisher Industries, Dickinson
35. Michael, Sara-Theodore Roosevelt Medora Foundation, Medora
36. Murray, Jen-Southwest Water Authority, Dickinson
37. Nameniuk, Shelly, SHRM-CP*- City of Dickinson, Dickinson
38. Nicklos, Amanda-Steffes, LLC, Dickinson
39. Oase, Matt*-City of Killdeer
40. Obritsch, Kathleen - Sysko Business Solutions, Dickinson
41. O’Shields, Ledeanne-Southwest Water Authority, Dickinson
42. Percy, Joetta, SHRM-SCP*-Stark County, Dickinson
43. Peterson, Rachel-Fisher Industries, Dickinson
44. Praus, Carey, SHRM-CP*-Benz Oil Company, LLC, Killdeer
45. Reiger-Kempenich, Cindy-Sackman Electric & Controls, Dickinson
46. Riely, Patty-Dickinson Parks & Recreation, Dickinson
47. Sickler, Brandon*, SHRM-CP-Steffes LLC, Dickinson
48. Songer, Imee, SHRM-CP, SHRM-SCP, PHR, Richardton Taylor Public Schools, Richardton
49. Stoltz, Melissa, SHRM-SCP*, Dickinson
50. Strommen, Sheila-Theodore Roosevelt Foundation, Medora
51. Suter, Carissa, SHRM-SCP- McKenzie Electric Cooperative, Watford City
52. Swanson, Ashley-Steffes, LLC, Dickinson
53. Torgerson, Natalie-City of Dickinson
54. Tysver, Danita - Stark County Development, Dickinson
55. Wallace, Sarah*-Therapy Solutions, Dickinson
56. Zubke, Carrie, SPHR, SHRM-SCP*, - Bravera Holdings Corp, Dickinson

* - indicates SHRM National Membership

PHR indicates HRCI’s Professional in Human Resources certification

SPHR indicates HRCI’s Senior Professional in Human Resources certification

SHRM-CP indicates SHRM’s Certified Professional certification

SHRM-SCP indicates SHRM’s Senior Certified Professional certification